



# St Therese's Primary School

## NEWSLETTER

20 MARCH 2019 - ISSUE 8

St Therese's School Community promotes the safety, wellbeing and inclusion of all children

### SCHOOL OFFICE

Monday - Friday  
8.30am to 4.30pm  
Tel: 5443 3200

### KENNINGTON PARISH

Tel: 5443 3052

### UNIFORM SHOP

Mon: 8.30am to 9.30am  
Tue: 3.00pm to 4.00pm  
Thu: 8.30am to 9.30am

### STEPPING STONES AFTER SCHOOL CARE

All enquiries to:  
Tel: 1300 665 699

### FACEBOOK PAGE

 @stthereses

### 2019 TERM DATES

TERM 1: 30/1 - 5/4  
TERM 2: 23/4 - 28/6  
TERM 3: 15/7 - 20/9  
TERM 4: 7/10 - 20/12

NO HAT, NO PLAY.



Thank you to those families that have donated goods to our Annual Easter Raffle... we are still seeking more donations please.

DON'T FORGET  
Raffle tickets, sold or unsold along with any donations are DUE IN  
MONDAY 1 APRIL  
**Thank You**

## 3 Way Chats - NEXT WEEK

Bookings for 3 Way Chats opened last **Thursday, 21st March**. Please log in to your PAM account, find Parent Teacher Interviews and make your booking with your child's teacher. 3 Way Chat times are 15 minutes in length. If you feel you need more time than this, please discuss an alternative time and/or date with your child's teacher.

**BOOK NOW**



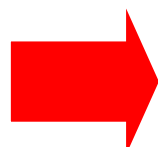
## 3 WAY CHATS - TERM 1 BOOKING AN INTERVIEW TIME

Sign into your PAM account [pam.stkennington.catholic.edu.au](http://pam.stkennington.catholic.edu.au)

- Click on "Parent Teacher Interviews"
- Choose "3 Way Chats - Term 1, 2019"
- Click "Core Group..."
- Select teacher (if your child is in a shared class)
- Select Interview Time

Repeat for your other child/ren, as needed.

**BOOKINGS  
CLOSE  
THIS SUNDAY  
31 MARCH  
AT 5PM**



Any issues making a booking, please contact Jo O'Connell at [joconnell@stkennington.catholic.edu.au](mailto:joconnell@stkennington.catholic.edu.au) OR your class teacher can make a booking for you if you drop in and see them.

**Reminder: Please make sure that your child/ren's medical information is up to date in PAM.**

**Principal: Mr Matthew Mann**

**Deputy Principal: Mrs Sharee Whiteacre**

St Therese's Primary School - 27 Albion Street, Kennington 3550 | T: 03 5443 3200

E: [adminoff@stkennington.catholic.edu.au](mailto:adminoff@stkennington.catholic.edu.au) | W: [www.stkennington.catholic.edu.au](http://www.stkennington.catholic.edu.au)

## Pupil Free Day - Term 2

There will be a pupil free day on **Monday 6 May**. On this day the staff will be pulling together all the knowledge from the Science of Learning professional learning days to develop the school's Philosophy of Learning. The staff will then use the Philosophy of Learning to determine the school's educational practices and programs.



## End of Term 1 - start of Term 2

- ♦ Term 1 finishes next Friday 5 April at **2.30pm**
- ♦ Term 2 commences Tuesday 23 April



## Car Parking - IMPORTANT



Could all parents/carers/family members please note that **parking outside the hall and sports shed will not permitted** due to the office now being in the hall and students coming and going. The safety of children is our priority.

**Parents can use our drive-through options to drop off and collect students, or if they need to park, there is parking available on the corner of McMillan/Clarke streets in the vacant block** (please be mindful of how you park - vehicles should not be constricted and unable to leave) **along with Lowndes Street.**

***Parking within the school grounds is reserved for staff and parishioners.***

## 2019 Annual Action Plan

Following many staff meetings and School Board meetings, the 2019 School Annual Action Plan has been finalized. A copy of the Annual Action Plan is included in this newsletter for parents perusal.

Parents may notice some strategies have been labelled FCE. These are strategies that promote Family and Community Engagement, a particular direction the School Board has taken since 2010.

If any parents or community members feel they can contribute in any shape or form to any of the goal strategies, please contact Matthew Mann at the school office.

## P&F Fundraising Goals for 2019

A big thank you to the 57 parents who responded to the P&F Fundraising Goals survey. In the survey, parents had to list their top 5 projects from a list developed by the staff. The results of the survey are shown in the chart opposite.

At the P&F meeting last week, the results of the survey were discussed and the members are now working towards achieving the highest ranked goal. Further information from the P&F about this project and how it will be completed will be outlined in the next newsletter.

Project	Score
Landscape Upper Garden area according to landscape architect plan - this is the area from the student vegie garden down to the oval, and includes the Gr 3 - 6 adventure playground area.	174
Update classroom air-conditioning	118
New shelving and furniture for new library	72
An outdoor learning patio for the Senior Unit students (attached to Bishop Grech Learning Centre)	61
Sound system for amphitheatre	54
Sets of Guided Reading books for classroom use	51
Books for take home readers	47
Fresh Food Fridays	45
Improve drainage for "The Patch" - student vegie garden	42
Painting and beautification of existing areas eg poles and walkways	28
Astro turf under cover area	26
Books for take home readers	25
Outdoor furniture	24
Landscape area between Music room and Jnr McNamara	20
An outdoor learning patio for the Senior Unit students (attached to Bishop Grech Learning Centre)	19
New netting around courts	16
revamp Indigenous garden (garden beside relocatable buildings)	10
Build a labyrinth for prayer and meditation	7

# LENT

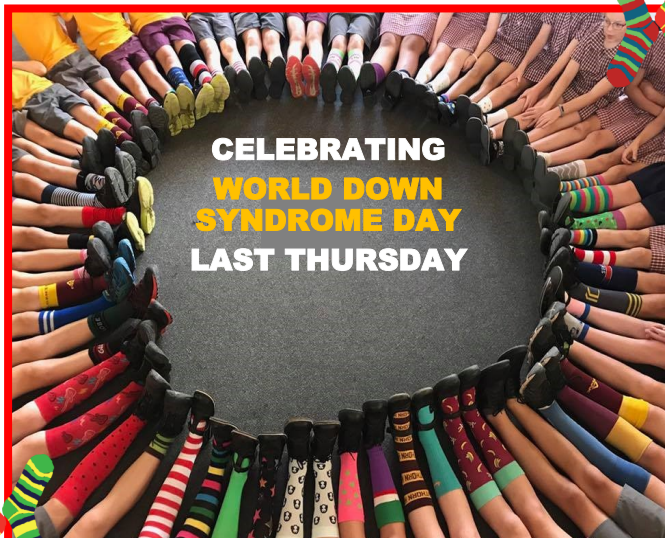




# Teaching & Learning Stuff

Here are some question/statement prompts that you may like to use at the end of a school day:

Tell me about something nice that someone did for you today...	Tell me something you wouldn't have known if you hadn't gone to school today...
What made you laugh today?	If you were the teacher of Principal, what would you change?
If your teacher could use one word to describe you, what would it be?	What is the best word to describe your day?
If you could change one thing about today, what would it be...	Who did you help today?



**CARITAS COIN LINE CHALLENGE**

**MONDAY APRIL 1st**

**11:30 - 1:30 @ the ALTIUMBRA**

**Make sure to bring your loose change so you can help CHANGE the world for good.  
ALL PROCEEDS TO PROJECT  
COMPASSION**



**PROJECT  
COMPASSION**

**GIVE  
LENT  
100%**



**Caritas  
AUSTRALIA** The Catholic agency  
for international aid  
and development

[www.caritas.org.au](http://www.caritas.org.au)  
1800 024 413  
#projectcompassion

## KENNINGTON CATHOLIC PARISH

Father Andrew Fewings

Tel: 5443 3337

E: [kennington@sandhurst.catholic.org.au](mailto:kennington@sandhurst.catholic.org.au)

### Mass Times - St Therese's

- ⇒ Tuesday to Friday: 9.15am
- ⇒ Friday (St Francis of the Fields): 11.30am
- ⇒ Saturday: 6.00pm
- ⇒ Sunday: 10.30am
- ⇒ Sunday: Axe Creek 9.00am | Axedale 10.30am



**Creating a climate of change.**

*Think about the world you're leaving for your children, grandchildren....*

### YOUR CONSUMER FOOTPRINT

Do you really need it?

Can it be fixed?

Can you recycle it?

Have you got your green bags?



PLEASE TREAD LIGHTLY



**TIP: Pop your Easter Egg Foil Wrappers in the RECYCLE bin**



Don't  
trash our  
future.

Recycle.®

LOVE LIFE  
LIVE  LENT  
TRANSFORM YOUR WORLD

## SENIOR UNIT 5&6

Join us for a cuppa  
and a chat



Parents & Carers of children in  
the Senior Unit are invited to join  
us for a cuppa and chat

**THIS THURSDAY**

at the St Therese's Brewhouse  
(School Hall)





# P.E. and Health News

By: Ali Pieper, PE Facilitator

## SSV Loddon Mallee Regional Swimming Carnival

Well done to the students who competed in the above swimming carnival last Thursday in Swan Hill:- Mitchell Bray finished 4<sup>th</sup> in the 9/10 yr boys Breaststroke swimming a personal best time (1:03.62 Catholic School Swimming 1:01.42 Loddon Mallee Region) and can now claim being the 4<sup>th</sup> fastest 9/10 year boy in the Loddon and Mallee Region for that stroke. Congratulations Mitchell. The 11 yr girls 4 x 50m Freestyle Relay (Ava Tadich, Kendall Andrews, Charlize Pinder and Ava Terry) finished 1<sup>st</sup> also with a personal best time (2:55.59 at Catholic School Swimming 2:51.86 Loddon Mallee Region) and will now get to compete in the State Final on Wednesday 24<sup>th</sup> April at M.S.A.C. Congratulations girls and we wish you all the very best on the 24<sup>th</sup> April at States.

## National Ride2School Day 2019

**NATIONAL RIDE2SCHOOL DAY 2019** Congratulations to all of the 74 students who rode or scooted to school on this day. The bike compound was filled to capacity. Each student, who registered their name at the school's bike compound with me received a Ride2School certificate of participation.

## School Cross Country for Grades 3-6 - Monday 29 April

Our annual School Cross Country for Grades 3 – 6 will be held at Strathdale Park on, Monday 29<sup>th</sup> April, which will be the second week back of Term 2 (or 4th school day back). Students will be traveling by bus and will be supervised by staff. **Students can dress in their house colours on this day.** The event will commence at 9.30am and conclude by 11.30am. 8, 9 and 10 year olds will be competing in the 2km run and the 11, 12 and 13 year olds will be competing in the 3km. *Students will be putting in some practice at school over the next few weeks before end of Term.*



***Put this event in your diary, as we will be looking for helpers to be scattered around the course to not only give encouragement but also provide assistance, guiding students around the course and also bring back any students who need first aid to the teachers who are supervising student groups waiting to compete.***



## 2019 BENIGO BANK DRAGON MILE

### COST TO ENTER

- ⇒ \$25.00 Open and Veterans
- ⇒ \$10.00 Mini Mile & Primary Schools
- ⇒ \$15.00 Secondary Schools

### LATE ENTRIES (on day are open between 9.30am & 10.00am)

- ⇒ \$30 Open/Vet
- ⇒ \$20 Mini/Primary/Secondary

If completing the hardcopy entry form then make a cheque or money order out to Bendigo Harriers Athletics Club Inc. Send to Bendigo Harriers - P.O. Box 1088, Bendigo 3552

If entering online go to [www.bendigoharriers.org](http://www.bendigoharriers.org) Phone Enquiries to 0410 022 112.



**Hardcopy Entries close  
Thurs 18th April @ 5pm  
Online Entries close  
Fri 19th April @11.59pm**

YOUR WORDS,  
LORD, ARE SPIRIT  
AND LIFE;  
YOU HAVE THE  
WORDS OF  
EVERLASTING LIFE.

JOHN 6:68C, 68C



Deuteronomy 4:1, 5-9. Psalm 147:12-13, 15-16, 19-20. Matthew 5:17-19  
Praise the Lord, Jerusalem – Psalm 147:12-13, 15-16, 19-20.

***'I have come not to abolish but to fulfil.'***

Both Moses and Jesus speak of laws. Moses says, 'Observe them, so that you may have life.' Jesus says, 'I have come to complete the Law until its purpose is achieved.' Often, we resent laws, saying they restrict freedom. But the banks of a river are what keep it flowing fast. Their restriction preserves the river, otherwise we have a swamp, a stagnant marsh. Thus, there is no freedom from the laws, only freedom within them.

Jesus takes the Mosaic law and breathes Gospel life and love into it. O yes, Lord, it does restrict – love is patient before it can be kind: patient with aggressive phone callers, others' insensitivities, the occasional bore. But your assurance restores our serenity: 'As long as you did it to one of these, you did it to me.'

**Come**  **See Mass**

**This Sunday - 31st March**

**4.30pm**

**St Therese's Church**

**Sacramental  
Children  
Welcome**



**All Families  
Welcome**



### **MICHAELA FROM ALICE SPRINGS, AUSTRALIA**

Twenty-one year-old Michaela is helping to build a social enterprise for people with chronic illnesses at The Purple House in Alice Springs. Featured in Project

Compassion 2014, the First Australian-run Wellbeing Program, uses its profits to connect and care for dialysis patients who are far from home.

As a Purple House trainee, Michaela completed a Certificate IV in business management. She was also recently promoted from administration trainee to permanent employee, working on The Wellbeing Program.

The young Alywarr woman cares for patients as they receive dialysis and helps them to feel at home and remain hopeful during treatment. Patients in turn pass on traditional knowledge to Michaela.

The program is run by the Western Desert Nganampa Walytja Palyantjaku Tjutaku Aboriginal Corporation, with support from Caritas Australia.

First Australians are twice as likely to experience chronic kidney disease, and four times more likely to die from it than other Australians\*.

With the help of staff like Michaela, the Aboriginal-controlled service gives patients the opportunity to stay connected with their culture. They do this through traditional healing practices and income-generating activities, such as making bush balms and soaps.

Profits are invested back into supporting patients receiving remote care and help to get people on dialysis back on country.

***"Hope means having something to look forward to. I enjoy building relationships with the patients and learning from them. If we keep our culture alive we can feel strong."***





P&F Fundraiser - All proceeds benefit the children of St Therese's Primary School

# Easter Raffle 2019

**Drawn: Friday 5th April**

**Loads of delicious chocolate prizes to be won!**

**TICKETS: 50c each**

Tickets will be sent home next week accompanied by full details.

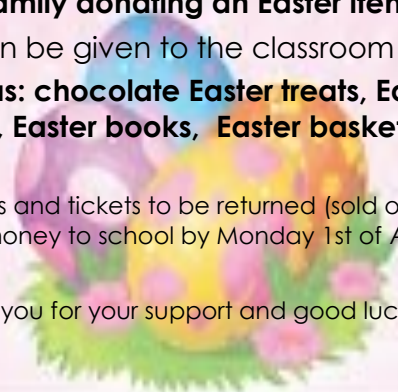
**For the raffle to be the huge success it has been in past years, we would greatly appreciate each family donating an Easter item.**

Items can be given to the classroom teacher.

**Item ideas: chocolate Easter treats, Easter craft items, Easter books, Easter baskets etc.**

All donations and tickets to be returned (sold or unsold with correct money to school by Monday 1st of April, 2019.

Thank you for your support and good luck! P&F



## Can you help? Baking Needed.

**We are in desperate need of some home cooked meals.**

**At present our freezer is empty.**

**So why not cook up a little extra and send some along to school - it's a lovely way to support those needing some 'flc' within our school community.**

**You can collect a container from the school hall or provide your cooking in a non returnable container.**

**Thank you.**



# RED FOOD DAY

## Friday 5th April

Please choose 1 item from each list for **\$6.00** deal

1. Pie\*, Hot Dog\* , Cocktail Frankfurts\* (gluten free),  
Potato gems & gravy (gluten free)  
\*Please write if you want tomato sauce

**NORMAL LUNCH  
MENU NOT  
AVAILABLE ON  
RED FOOD DAY**

2. Cookie, Hot Cross Bun or (gluten free) Cookie

3. Milk: chocolate or strawberry. Juice: apple, orange or tropical.  
Water.



# We ♥ Volunteers



**DESPERATELY  
SEEKING  
VOLUNTEERS  
TO HELP IN  
THE CANTEEN**

**Volunteering at the Canteen in 2019**



Access the My School Volunteer Rosters via  
[myschoolconnect.com.au](http://myschoolconnect.com.au)

Times are between  
Thu 10-11:30am & Fri 9:30-2pm

If a rostered time doesn't suit you, feel free to contact us as we are happy to vary the times.

Thank you  
Mary (Canteen Manager)  
0421068471  
[canteen@stkennington.catholic.edu.au](mailto:canteen@stkennington.catholic.edu.au)



**Help is needed 9.30am-sorting orders, 11.00am-preparing lunches, and 12.30pm-packing lunches.**

***If you can help please let me know.***

We also need help every Friday at 11.30am and 1.00pm preparing and packing lunches.

Thankyou Mary - E: [marypiltz@y7mail.com](mailto:marypiltz@y7mail.com) M: 0421 068 471

# IMPORTANT REMINDERS...

**School Start Time and Finish:** This is a very important reminder for parents. Students **should not** be at school earlier than **8.30am**. Teacher supervision does not commence until this time.

A bell at 8.45am signals "Community of Readers" when all students read a book. Another bell at 9.00am signals the commencement of scheduled class time.

School finishes at **3.25pm** and teachers are on duty until **3.45pm** at designated pick up points. Please attempt arranging other avenues to have your children collected or consider utilising Stepping Stones if you find that you often have trouble collecting your children on time after school.

Parents requiring before school care can contact Kirstie Stockx, a parent at the school who runs a child care business close to the school. Kirstie can be contacted on 0409 874 661 **OR** Book: <http://www.selfcareformums.com/book/>

**Absent from School:** It is important parents/carers notify the school at your earliest convenience (before 9am) if your child/ren will not be at school, and inform us of dates and reason (for school roll). A message will be passed on to the classroom teacher. The school generates automatic text messages to parents for any unexplained absences. If you are attending school late you must sign in via the office, the same applies for any students that need to leave early.

**SCHOOL ABSENCES:** can be emailed to [adminoff@stkennington.catholic.edu.au](mailto:adminoff@stkennington.catholic.edu.au) **OR** via Messenger **OR** phone

**Class Interruptions:** It is understandable that there will be times when you have been unable to inform your child of an early pickup, appointment or other messages. To avoid class time interruptions please try to have these arrangements organised prior to school. If you need to collect your child during class please collect them from their classroom then sign them out at the office. PA Announcements are only made at specified times throughout the day to avoid disruption. Please try to avoid phoning the office during peak times such as 8.30-9.00am and 3.00-3.30pm.

**Albion Street Carpark:** Just a reminder that the Albion Street carpark is reserved for staff parking only. Also please refrain from parking outside the presbytery and alongside the church this parking is reserved for parishioners. Parents may park in the vacant block on the corner of Clarke Street.

**Newsletter/News bulletin:** The weekly communication with parents is via the newsletter/news-bulletin (alternate weeks). The news bulletin has more succinct details of current and future news and events and no opening address from the Principal. The newsletter is a much lengthier document, which includes an opening address from the Principal. While it still contains current and future news and events, it may also include items relating to the school's philosophy and ethos; procedures and policies; and other relevant unit/school news. All school news can be downloaded from our website: [www.stkennington.catholic.edu.au](http://www.stkennington.catholic.edu.au)

**Free Dress for Birthday:** A St Therese's tradition is allowing students to be out of uniform on their birthday. For those students whose birthday falls during the holidays or on the weekend, their 'free dress' day can be either before or after the non-school period whichever is closer.

**Hot Weather Arrangement:** While the start of school this year is much milder than last, it is still important for children's well-being (and alertness) that they are well hydrated. All teachers allow drink bottles of **water** only to be readily available to students during class time. Could parents please ensure their child/ren brings drink bottles, a hat and sunscreen to school. Please note the school is unable to supply classroom sunscreen due to possible skin allergies.

**Volunteer Code of Conduct:** As part of the government's introduction of the Child Safe Standards, the School Board and school leadership have developed a Code of Conduct for volunteers. As of 2017, parents who wish to volunteer their time in the school e.g. classroom reading, sport events, etc. will be required to sign this document and return it to the school office. **This form can be downloaded from our website, or a hard copy can be collected from the office. Please note, even though the form says 2016 it is still current for use.**

**WORKING WITH CHILDREN CHECK:** Parents/carers who wish to be involved in school activities such as sport, canteen, gym or excursions are asked to have a current Working With Children's Check, please present your card at the school office for entering into our database. You can apply online for a Volunteer (No charge) WWCC however will be required to provide a passport size photo at your expense : <http://www.workingwithchildren.vic.gov.au/>

**Food/Snacks that require Hot Water or Reheating:** Please note that due to OH & S compliances we are unable to reheat or supply hot water for snacks or lunches (noodles, cup of soup, etc.) Students are most welcome to bring these foods premade in a thermos or similar container.

**Medication:** Just a reminder that we are unable to provide your child with Stingose, Panadol, Cough Medicine, Hayfever medication, etc. We can only dispense labelled **Prescription** medication after receiving a school medication authorisation form signed by the parent **AND** your doctor or pharmacist.





## SEASONS FOR GROWTH

Dear families,

I am in the process of preparing for Seasons for Growth which will commence in week two term two. This is an 8 week in school hours grief and loss program for children who have experienced a loss through death or family breakdown.

I have been running this program for over ten years and those who have participated have both enjoyed and grown from the opportunity many, asking to join in again in the future.

Please see a more detailed flyer below which will provide you with more information.

Should you wish for your child to participate or if you would like more information, please email me

[chodder@stkennington.catholic.edu.au](mailto:chodder@stkennington.catholic.edu.au)

or contact me through the office (Monday and Tuesday).

Regards, Catherine Hodder  
School Family Support

**Please clearly label  
any items that come  
to school.**

Please remember to label your children's belongings and if you have been given any preloved uniform don't forget to relabel it.

Remind your children to please take particular care if they bring any 'treasures' to school as it can be heartbreaking for them if they become lost.

### PARENT ST. THERESE'S CONNECTION

#### St Therese's Parent Connection

A friendly and casual facebook group where St Therese's parents can communicate with others in our school community.

A place to ask questions, offer advice, organise social events, inform others of school happenings, offer encouragement, congratulate milestones and offer assistance for our Parents and Friends Association. It is a closed group and membership must be approved (St Therese's school community only).



Go to Facebook and  
search for Parent  
Connection

⇒ St Therese's

<https://www.facebook.com/groups/395989644174910/>

## Save the Date for the 2019 Fete

We are excited to announce the 2019 Fete date is set for October 2019 for our twilight fete. A highlight on the calendar we ask that you save the date to attend and support the school fete.

Linda Reed-Enever is this years fete coordinator and is looking for help small or large to assist with the Fete starting with a Working Group.

If you are keen to help out with the Fete we have a Facebook Group where we are starting our planning and discussions [www.facebook.com/groups/StTheresesFete](https://www.facebook.com/groups/StTheresesFete)

Our fete is our biggest fundraiser for 2019 with your support we can do great things for our school community.



save  
the  
date®



Catholic Education  
Sandhurst

## MAKING PARENTING A LITTLE EASIER

presented by **DAN PETRO** - Behaviour Analyst

**SATURDAY 25 MAY (Bendigo)**

Catholic Education Office (120 Hargreaves St, Bendigo)

**9:30am - 3:00pm**

Parenting is a demanding task under any circumstances, and doing so when a child displays challenging behaviours increases the difficulty. These problem behaviour situations are often amplified as the child's challenges can collide with typical developmental changes all children experience. Parents can become at odds with the child, or even between themselves, when searching for the best responses to these tough situations. Other children in the home can also be impacted, as the problem circumstances become a common part of their day. During this one-day workshop, participants will be provided with practical, flexible alternatives they can draw upon to teach new skills at home, help establish daily routines and effectively prevent or respond to challenging situations.

**Who is invited:**

Parents, those parenting and anyone interested in learning.

**Questions:**

Please contact Gabrielle Walsh – [gwalsh@stkennington.catholic.edu.au](mailto:gwalsh@stkennington.catholic.edu.au)

**Cost:**

\$20 per person, due on registration.

**REGISTRATIONS CLOSE— THURSDAY 16 MAY 2019**

**Please register at the Admin office.**

parenting  ideas  
schools

### How parents can redeem the voucher

1. Click this link: [www.parentingideas.com.au/parent-resources/parent-webinars/webinar-switching-on-your-childs-strengths](http://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-switching-on-your-childs-strengths)
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **STRENGTHS** and click 'Apply'. Your discount of \$37 will be applied to the order. This voucher is valid until 6 April 2019.
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account and access your parenting material
7. Click 'Place Order'



VOUCHER CODE  
**BALANCING**

VALID UNTIL 02 MAY 2019

Attend this webinar at no cost

Valued at  
**\$37**

Your Parenting Ideas  
Webinar Voucher

**Webinar: Balancing extra-curricular  
activities**

Guest Speaker: Dr Jodi Richardson

**02 April 2019 - 08:00pm**



# EVERY MINUTE COUNTS

Just a little bit late doesn't seem much but....

He/She is only missing just....	That equals....	Which is....	over 13 years of schooling, that's....
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly HALF A YEAR
20 minutes per day	1 hour 40 minutes per week	Nearly 2.5 weeks per year	Nearly 1 YEAR
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 AND A HALF YEARS
1 hour per day	1 day per week	8 weeks per year	Nearly 2 AND A HALF YEARS



Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!



## PROTECT

**Everyone has the right to be safe and be protected from abuse.**

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.

**For Students, please call:**  
1800 551 800 (Kids Helpline)  
**In an emergency, always contact 000 for emergency services**



**It's everyone's responsibility.**

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

**Further information & resources**  
[www.education.vic.gov.au/protect](http://www.education.vic.gov.au/protect)

**For Parents**  
1800 991 099 (Child Wise Helpline)  
131 278 (Child Protection Crisis Line)  
1300 138 180 (Child First)



# FRIDAY 12<sup>TH</sup> APRIL MUSIC TRIVIA NIGHT FUNDRAISER FOR JACKSON DAVIE

Late last year Jackson suffered a devastating spinal injury. We are looking to raise some funds to help out Jackson and his family with his rehabilitation and equipment that will be needed. In this regard we will be running a Music Trivia Night – Details are as follows:

- o Date: Friday 12<sup>th</sup> April
- o Venue: Spring Gully Soccer Club – Spring Gully Rd, Spring Gully
- o Time: 7.00 pm
- o Cost: \$15.00 per head
- o Catering: BYO Drinks & Food
- o Tables: 6 to 8 – all ages

To book a table or for any queries please contact Daryl McIntosh on 0429007251 or [Daryl.I.McIntosh@nab.com.au](mailto:Daryl.I.McIntosh@nab.com.au)



Please bring your own drinks, some snacks, some energy and some funds to help us raise as much as we can for Jackson.

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Feel free to submit your preferred music genre or decade, or maybe the average age of your table.

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We will see what we can do to make the questions fit the crowd.





# **NEW**



# **BEFORE SCHOOL CARE PROGRAM**

**SIGN UP NOW!**

We are excited to announce that we are **now** running a Before School Care Program at St Therese's Primary School!

**Before School Care: 7:00am - 8:45am**

**After School Care: 3:25pm - 6:00pm**

A healthy breakfast will be offered to the children as well as fun and engaging activities delivered by our qualified and skilled educators that you may know from our ASC program.

If you are interested, please book online at  
**[www.sharingthecare.com.au](http://www.sharingthecare.com.au)** or **<https://bit.ly/2T3UdNj>**  
or call us on **1300 665 699**

Families may be eligible for the  
Child Care Subsidy (CCS)

**Stepping Stones**  
Children's Services  
*"We're during the care"*



# Let's Support GUS.....



PLEASE DONATE:

<https://give.everydayhero.com/au/gus-shaves-his-golden-locks-for-cf>

Hi my name is Gus I am in Senior 5/6 Smith, my nickname is 'Goldie' and I'm known for my long blonde hair - I've never had short hair.

I have 2 cousins with CF. Lukas is 30 and Tahnee is 27. They've had to battle this genetic disease their whole lives and are constantly tackling new complications. Tahn is a diabetic as well. They keep well by being very physically fit and they both are talented sportspeople.

I'm going to try and raise a large amount of money for Cystic Fibrosis Australia by shaving my head in May 2019.

Please donate, I'm very excited about my fundraising venture.

**Please Donate!**

EVERY LITTLE  
BIT COUNTS  
\$\$\$\$

**Cystic Fibrosis**

PLEASE DONATE:

<https://give.everydayhero.com/au/gus-shaves-his-golden-locks-for-cf>



**SCRUNCHIES FOR SALE - \$3**

Made By Ginger Hay with proceeds going to CF

Available in the Office







## Catholic School Parents Victoria Newsletter

Please find a link below to the Catholic School Parents Victoria newsletter. They will be sending a newsletter out each term in 2019.

If any parents from the school would like to subscribe to the newsletter or provide CSPV with feedback on State advocacy issues, they are most welcome to do so via the subscribe or feedback button on the newsletter or send an email to [secretary@cspv.catholic.edu.au](mailto:secretary@cspv.catholic.edu.au).

Visit the link below to view your newsletter:

<https://vcspb.schoolzineplus.com/streamnews?nid=6>

## Concerns about SnapChat

Following reports that students in the senior unit are using snapchat at home, please find an article below alerting parents to dangers associated with this form of social media. - Matt Mann, Principal.

## The Dark Side of Snapchat

### What parents need to know about the app that's popular with teens



[Snapchat](#) is an application for mobile devices that allows users to send photos and videos (called snaps) to other users. However, unlike with photos or videos sent via text or email, those sent on Snapchat disappear seconds after they're viewed—the sender gets to decide how long a photo will "live," from one to 10 seconds, after it's viewed. The idea is that users can send time-limited photos that might be embarrassing or just silly without a significant fear that it will find its way to other social media sites where it might live forever. Sounds good, in theory, but the problem is that there actually are ways to capture and recover images, which is why no one should develop a false sense of security about sending them.

### How SnapChat Works

Once the Snapchat application is downloaded from the App Store or from Google Play, the user registers and sets a password. It then accesses your contacts on your cellphone to load friends to the application, or you can add other friends beyond your contact list. Once you load the app and log in, you can take a photo, edit it, add a caption or other "doodles." Then you select the friends to send the photo to and set a timer from one to 10 seconds. After the photo is sent, the receiver has the time set by the timer after they access the app to look at the photo before the message "self-destructs."

Friends can then take their own photo to reply or just send a message back.

### Parental Concerns

Despite its popularity, parents are right to be concerned about Snapchat—there are a host of issues that can compromise [kids' safety](#). First of all, for parents who monitor their children's smartphone use, Snapchat doesn't save pictures and messages sent so you can see them later. If you have a software package that allows you to see the content of your child's phone remotely online, you won't be able to see what was sent and then automatically deleted. That may raise some concerns.

Secondly, while the photo message disappears from the phone after a few seconds, it doesn't prevent the receiver from snapping a screenshot of the photo while it's live. To Snapchat's credit, if a receiver takes a screenshot of the photo, the sender is notified, but that may not be enough to prevent the photo from being shared later with others.

In addition, if a receiver knows that a message is coming, he could take a photo of the screen with another phone or digital camera and the sender would never know that their supposedly evaporating photo would be alive and well on someone else's device.

Finally, because of the lower risks of having a photo eventually making the rounds of the Internet, it's also tempting for teens to use Snapchat for "sexting." Snapchat itself admits that up to 25 percent of users may send sensitive content on a regular basis "experimentally." One father, whose daughter was being bullied via Snapchat—a reportedly all-too-common occurrence—was able to use this workaround for good when he recorded one of the [bullying](#) snaps by taking a video of it on his own phone.

Parents who allow their children to have Snapchat need to have a serious discussion with their kids to discuss the risks associated with the false sense of security that Snapchat may provide.

### Safeguards

It's important to note that Snapchat does have a minimum age of 13, which is in compliance with the Children's Online Privacy Protection Act. When it's downloaded, Snapchat asks for your date of birth, and—if you're under 13—you're redirected to the kid version, called "SnapKidz," which is more restrictive than Snapchat (for instance, you can't add friends or share anything). That said, it's not uncommon for underage kids to find a workaround (that is, using a fake birth date) so they can open an account.

### The Bottom Line

Snapchat can be a fun and engaging app when used appropriately. But it should be used carefully and with very specific ground rules or not used at all. Apps like Snapchat remind parents that they need to be vigilant about their children's smartphone use and to monitor their activity to prevent problems like sexting, cyberstalking, [cyberbullying](#), or other elements of the dark side of smartphone use by children.

## HEAD LICE REPORTED

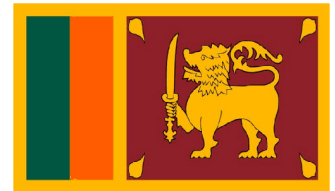
Please note there have been several reported cases of head lice throughout the school. Could parents/carers please be vigilant in checking (and treating if required) their child/ren's hair. An Information Sheet can be found on our school website.





# You're invited...

**Sri Lankan Cultural Event**  
**Saturday 6th April from 9.30am**  
**@ St Therese's School**



Members of our school community have been invited to the Bendigo Sri Lankan community's New Year celebration on **Saturday 6th April**.

In Sri Lankan culture the 14th April is considered traditional New Year and it is custom that they celebrate this day and have a fun community gathering on one of the days in the same month. The fun includes games, some traditional customs and of course Sri Lankan food.

The day will be held at St Therese's School, firstly in the Alison Arts Centre and then in the large under cover area, starting from 9.30am to approx. 2.30pm.

All children, parents and staff from the school are welcome to join Bendigo's Sri Lankan community celebrate their New Year.

For further information please contact Arosha on 0402 344 775



## I NEED TO STAY HOME IF...

I have a FEVER	I am VOMITING	I have DIARRHOEA	I have a RASH	I have HEAD LICE	I have an EYE INFECTION	I have been in HOSPITAL
Temperature of 38.5 degrees or higher	Within the past 24 hours.	Within the past 24 hours	Body rash with itching or fever	Itchy head, active (live) head lice.	Redness, itching, and/or 'crusty' discharge from eye	Hospital stay and/or ED visit.

## I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication. EG: <u>panadol</u> , <u>nurofen</u>	Free from vomiting for at least 2 solid meals.	Free from <u>diarrhoea</u> for 24 hours.	Free from rash, itching or fever. Student has been evaluated by a doctor if needed.	Treated with appropriate lice treatment at home.	Exclude until discharge has ceased. Evaluated by a doctor.	Released by medical practitioner to return to school.
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# St Therese's Primary School Kennington

## Annual Action Plan 2019



Please read across: Action | Goal/s | Strategy 1 | Strategy 2

### CATHOLIC IDENTITY

Key Action	Goal/s
Celebrate our traditions and encourage the children and families to be part of a vibrant faith community.	To deepen staff, students & parents faith through recontextualising God's word
Encourage greater participation and involvement in liturgy and Mass.	To further the students, parents & staff's understanding of the Eucharist and its importance in the faith life of a Catholic

### LEADERSHIP

Key Action	Goal/s
Foster parental and community engagement and involvement in the school that assists the students in reaching their potential.	To assist parents in using the school's digital communication tools eg PAM (Parent Access Module) in order to foster effective <u>communication</u> in the school community.
Develop a whole school approach to continual growth - students, staff and parents.	To increase the staff's understanding of the purpose of feedback and recognition and how it leads to professional growth. To further develop the feedback process for staff to enable relevant professional growth.

### LEARNING & TEACHING

Key Action	Goal/s
Continue to develop a whole school approach (philosophy) w/th evidenced based practices that lead to greater student success	To develop a whole school educational identity.
Provision of real life learning opportunities that foster student engagement and excitement of learning.	To use learning strategies, which are evidenced based and aligned with the key understandings of the Science of Learning, to engage, motivate and stimulate the students' learning.

### PASTORAL WELLBEING

Key Action	Goal/s
Implement strategies that focus on improving the connections and relationships amongst all ages of students, all members of the community	To continue implementing the students and family buddy system
Foster the Social and Emotional development of the students and the wider school community.	To gain better understanding of the students' emotional wellbeing

### STEWARDSHIP OF RESOURCES

Key Action	Goal/s
Provide innovative internal and external spaces that encourage student creativity and engagement in their learning.	To complete Stage 1 and Stage 2 of the school's Masterplan
Continue to enhance the appearance and usefulness of the school's resources and facilities and open them up to the wider school/parish community.	To develop non-structured learning areas that spark children's creativity (eg artistic, music)



# St Therese's Primary School Kennington

## Annual Action Plan 2019



Please read across: Action | Goal/s | Strategy 1 | Strategy 2

Strategy No: 1 Short Term Project	Strategy No: 2 Long Term Project
<p>Conduct a Staff Spirituality retreat with a focus on recontextualising God's message to today's people</p> <ul style="list-style-type: none"> <li>- At Unit Masses, Fr Andrew to explain the symbolism and meaning of various parts of the Eucharist.</li> <li>- Involve students and parents in unit Masses (FCE)</li> </ul>	<p>Senior unit classes participating in the Recontextualisation Action research Project.</p> <ul style="list-style-type: none"> <li>- Undertake a Staff professional learning program that helps staff understand and appreciate the richness of the parts of the Mass.</li> <li>- Include in the newsletter on a regular basis, a short explanation of the symbols and language used in the Eucharist and/or Mass for parents (FCE)</li> </ul>

Strategy No: 1 Short Term Project	Strategy No: 2 Long Term Project
<p>Set up an internet cafe at Brewhouse to skill up parents in the use of PAM. And to also inform parents of the student information that is accessible on PAM. (FCE)</p>	<p>Develop and implement a professional learning program for staff and parents about the capabilities and use of PAM. (FCE)</p>
<p>Seek input from staff about what they see as professional feedback and the process they desire which will lead to improved professional practice</p>	<p>Based on input and best practice, further develop the staff performance and development process</p>

Strategy No: 1 Short Term Project	Strategy No: 2 Long Term Project
<p>Staff to participate in professional development days with Jared Horvath, Science of Learning consultant.</p>	<p>Finalise the school's educational philosophy and implement it into the school's practice</p>
<ul style="list-style-type: none"> <li>- Staff to frequently re-visit the Science of Learning principles (PEN - Psychology/ Education/ Neuroscience Principles) and look at how they are implemented into teaching practice.</li> <li>- Conduct Science of Learning information sessions for parents to assist them in understanding how people learn and the direction the school is taking. (FCE)</li> </ul>	<p>Ensure consistency of educational programs across the school and that such programs are aligned to the school's educational philosophy and the Science of Learning principles.</p>

Strategy No: 1 Short Term Project	Strategy No: 2 Long Term Project
<ul style="list-style-type: none"> <li>- Look for more opportunities for the students to come together as buddies.</li> <li>- Provide an occasion for the students to lead their family on a learning walk (FCE)</li> </ul>	<p>Regularly check the buddy system is implemented as agreed and the students are gathering as frequently as planned.</p>
<p>Undertake a Social Emotional Welfare student survey that allows the school to better target those students needing assistance. eg ACER 6 Stars survey</p>	<p>Furthering the school's PBIIS (Positive Behaviour Intervention and Support) program by promoting and embedding the school's rules through a shared, common language approach.</p>

Strategy No: 1 Short Term Project	Strategy No: 2 Long Term Project
	<p>Exactly as the goal is stated by the end of Term 3!!!</p>
<p>No short term project due to the nature of the long term project.</p>	<ul style="list-style-type: none"> <li>- Undertake a section of the school's landscape masterplan, preferably the Upper playground area.</li> <li>- Establish a working party to look at cost cutting measures (eg working bees) to develop the upper playground area (FCE)</li> </ul>



# Term 1, 2019 Canteen Menu

**RED FOOD DAY  
FRIDAY 5 APRIL**

## Hot Food

Steamed Dim Sims \$1.20 each or 3 for \$3.00

Sausage Roll \$2.80

Tomato Sauce / Soy Sauce .20c

Nachos GF \$3.80

Chicken Nuggets GF x 5 \$3.80

Ham & Cheese Croissant \$3.80



Pizza Tomato Base

Ham & Cheese \$3.80

Ham, Cheese and Pineapple \$4.00



## Cold Food

Vegemite Sandwich \$3.20

Ham Sandwich \$3.60

Ham & Cheese Sandwich \$3.80

Ham, Cheese & Tomato \$4.00

Ham Salad \$4.50

Lettuce, Cheese, Tomato, Carrot

Salad Tub \$4.00

Salad Tub with Ham \$4.50



## Drinks

Milk (Plain or Flavoured) \$1.80

*Big M Chocolate / Strawberry / Devondale Plain*

Golden Circle Fruit Juice \$1.80

*Tropical / Orange / Apple*

Water Bottle \$1.00



## Snacks - available over the counter

Fruit Salad Cup \$1.80

Fruit Salad Tub \$3.80

Popcorn GF \$1.20

Rice Sticks GF \$1.20

Choc Chip Muffin \$1.20

Banana Cake \$1.20

Choc Chip Cookie \$1.20

Anzac Cookie \$1.20

Frozen Watermelon 0.80c

Frozen Pineapple 0.80c

Moosie \$1.20

Quelch Ice Block 0.70c

Juicy Ice Block \$1.20

Jelly Cup GF \$1.20

Red, Orange, Green



## Term 1 Meal Deals

**\$6.00**

### Deal 1:

Sausage Roll, Drink,  
Cookie & Quelch Icy Pole



### Deal 2:

Chicken Tenders, Cheese &  
Salad Wrap, Drink  
& Quelch Icy Pole



**GF = Gluten Free**