



# St Therese's Primary School

## NEWS-BULLETIN

13 MARCH 2019 - ISSUE 7

St Therese's School Community promotes the safety, wellbeing and inclusion of all children

### SCHOOL OFFICE

Monday - Friday  
8.30am to 4.30pm  
Tel: 5443 3200

### KENNINGTON PARISH

Tel: 5443 3052

### UNIFORM SHOP

Mon: 8.30am to 9.30am  
Tue: 3.00pm to 4.00pm  
Thu: 8.30am to 9.30am

### STEPPING STONES AFTER SCHOOL CARE

**All** enquiries to:  
Tel: 1300 665 699

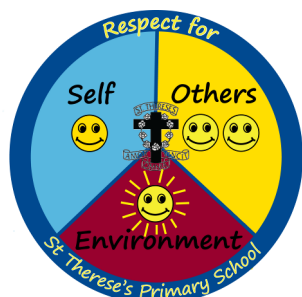
### FACEBOOK PAGE

 @stthereses

### 2019 TERM DATES

TERM 1: 30/1 - 5/4  
TERM 2: 23/4 - 28/6  
TERM 3: 15/7 - 20/9  
TERM 4: 7/10 - 20/12

NO HAT, NO PLAY.



# LENT



Be Better...  
Do Better...

### Momo Challenge - Warning to Parents/Carers

It has been brought to the school's attention that some children have come across the Momo Challenge while playing on computers. The challenge encourages children to self-harm. What is worrying is there are reports that the Momo challenge is being embedded inside YouTube videos, and the game Fortnite which makes them very difficult to detect.

If any parents sees someone promoting any challenge with an inherent risk or harm, please flag it to Google immediately using this link:

<https://support.google.com/youtube/answer/2802027?co=GENIE.Platform%3DAndroid&hl=en>



P&F Fundraiser - All proceeds benefit the children of St Therese's Primary School

## Easter Raffle 2019

**Drawn: Friday 5th April**

**Loads of delicious chocolate prizes to be won!**

**TICKETS: 50c each**

Tickets will be sent home next week accompanied by full details.

**For the raffle to be the huge success it has been in past years, we would greatly appreciate each family donating an Easter item.**

Items can be given to the classroom teacher.

**Item ideas: chocolate Easter treats, Easter craft items, Easter books, Easter baskets etc.**

All donations and tickets to be returned (sold or unsold) with correct money to school by Monday 1st of April, 2019.

Thank you for your support and good luck! P&F

**Principal: Mr Matthew Mann**

**Deputy Principal: Mrs Sharee Whiteacre**

St Therese's Primary School - 27 Albion Street, Kennington 3550 | T: 03 5443 3200

E: adminoff@stkennington.catholic.edu.au | W: www.stkennington.catholic.edu.au

## PARENT INPUT INTO THE PARENTS & FRIENDS 2019 FUNDRAISING GOALS

Last year the Parents & Friends fundraising goals were a joint decision of the staff, parents and the P&F. Goals achieved to date:

1. School BBQ trailer
2. Lighting for the undercover area (Altiumbra)
3. Upgrade and resourcing of the Fairy Garden
4. Resourcing of the lunchtime clubs



The 5th goal, installing new playground equipment, has the funds available but a decision is still to be made regarding the type of structure.

To help the P&F shortlist their fundraising goals for 2019, they have asked for parent input via a survey. Please see below for a link to the survey. The closing date for the survey is next Tuesday 19 March at 5.00pm

<https://goo.gl/forms/3OytB147NHYNm42>

**PAM LINK:** <https://pam.stkennington.catholic.edu.au/Login/Default.aspx?ReturnUrl=%2f>

If you experience any issues with PAM, please email Jo O'Connell

E: [joconnell@stkennington.catholic.edu.au](mailto:joconnell@stkennington.catholic.edu.au)



**Can you help? Baking Needed.**

**We are in desperate need of some home cooked meals.**

**At present our freezer is empty.** 😞



**So why not cook up a little extra and send some along to school - it's a lovely way to support those needing some 'flc' within our school community.** ❤️



**You can collect a container from the school hall or provide your cooking in a non returnable container.**

**Thank you.** 😊

## Our Recent Honour Awardees



*Love Conquers All*



# Blokes and Kids Campout

Friday March 22<sup>nd</sup>  
from 5:00pm

Venue: St Therese's Oval

Bring your own tent!  
Lots of games, BBQ dinner & fun!

For children in grades 4 - 6

Any questions or offers of sponsorship please contact

Harry 0412 974 627



POSTPONED

POSTPONED  
UNTIL TERM 4

Every Adult will require a valid WWCC

<http://www.workingwithchildren.vic.gov.au>



PARENT ST. THERESE'S  
CONNECTION

## St Therese's Parent Connection

A friendly and casual facebook group where St Therese's parents can communicate with others in our school community.

A place to ask questions, offer advice, organise social events, inform others of school happenings, offer encouragement, congratulate milestones and offer assistance for our Parents and Friends Association. It is a closed group and membership must be approved (St Therese's school community only).

Go to Facebook and search for

Parent Connection

⇒ St Therese's

<https://www.facebook.com/groups/395989644174910/>

Thank you to those parents and carers that have RSVP'd to attend our

St Therese's Primary School

## Annual Dinner

We look forward to seeing you on

Friday 15th March @ 7pm

At The Bendigo Club

22 Park Street, Bendigo

Any Queries to Marita Pinniger

0421 368 616

# Canteen News



DESPERATELY  
SEEKING  
VOLUNTEERS TO  
HELP IN THE  
CANTEEN

Can you help?

## Volunteering at the Canteen in 2019



Access the My School Volunteer Rosters via  
[myschoolconnect.com.au](https://myschoolconnect.com.au)

Times are between  
Thu 10-11:30am & Fri 9:30-2pm

If a rostered time doesn't suit you, feel free to contact us as we are happy to vary the times.

Thank you

Mary (Canteen Manager)

0421068471

[canteen@stkennington.catholic.edu.au](mailto:canteen@stkennington.catholic.edu.au)

# **LOTS OF SOCKS**

## **2019**

**Celebrate World  
Down Syndrome Day!**

**What:** Wear your most colourful or longest or favourite socks to school

**Who:** Students, staff, parents – anyone and everyone!

**Help develop greater awareness of Down syndrome, diversity and inclusion.**

**Thursday  
21<sup>st</sup> March**





Dear families,

World Down Syndrome Day is celebrated on 21<sup>st</sup> March each year. This year, St. Therese's Primary School will use the Lots of Socks Initiative, created by Down Syndrome International, to celebrate World Down Syndrome Day on Thursday 21<sup>st</sup> March. On this day, we ask that everyone, students, staff, and parents, wear socks of their choice to school. They can be bright, colourful, short or long, the choice is endless!

During the day we will be discussing what makes us all unique, as well as building our knowledge of Down syndrome. We will also talk about inclusion and how we can all help each other to feel included.

Please find below a brief definition of Down syndrome as a reference, should you want to discuss the day with your child.

*Down syndrome is a genetic condition – it is not an illness or disease. Approximately one in every 700 –900 babies born will have Down syndrome. Down syndrome is caused by the occurrence of an extra chromosome, chromosome 21. (Down syndrome is also known as trisomy 21.) People with Down syndrome have 47 chromosomes in their cells instead of 46.*

*This results in a range of physical characteristics, health and development indications and some level of intellectual disability. It was named after Dr. John Langdon Down who first described it. Although we know how Down syndrome happens, we do not yet know why it happens.*

*Down syndrome occurs at conception, across all ethnic and social groups and to parents of all ages. It is nobody's fault, there is no cure and it does not go away.*

*People with Down syndrome may find doing some activities more challenging but, just like everyone else, people with Down syndrome will continue to learn, and are good at some things and not others.*

More information about Down syndrome can be found at Down Syndrome Australia (<https://www.downsyndrome.org.au>) and Down Syndrome Victoria (<http://www.downsyndromevictoria.org.au>).

We look forward to celebrating World Down Syndrome Day together on Thursday, 21<sup>st</sup> March.

Many thanks,

Middle 3 Unit





**DO BETTER**

**We all need to improve, to  
change for the better. Lent  
helps us fight against our  
faults.**

Pope Francis

[www.idlehearts.com](http://www.idlehearts.com)

**BE BETTER**

## KENNINGTON CATHOLIC PARISH

**Father Andrew Fewings**

**Tel: 5443 3337**

**E: [kennington@sandhurst.catholic.org.au](mailto:kennington@sandhurst.catholic.org.au)**

### Mass Times - St Therese's

- ⇒ **Tuesday to Friday: 9.15am**
- ⇒ **Friday (St Francis of the Fields): 11.30am**
- ⇒ **Saturday: 6.00pm**
- ⇒ **Sunday: 10.30am**
- ⇒ **Sunday: Axe Creek 9.00am | Axedale 10.30am**

## JUNIOR UNIT 1 & 2

**YOU'RE  
INVITED!**

Parents & Carers of children in  
Junior Unit 1 and 2 are invited to  
join us for a cuppa and chat

**THIS THURSDAY**

at the St Therese's  
Brewhouse  
(School Hall)

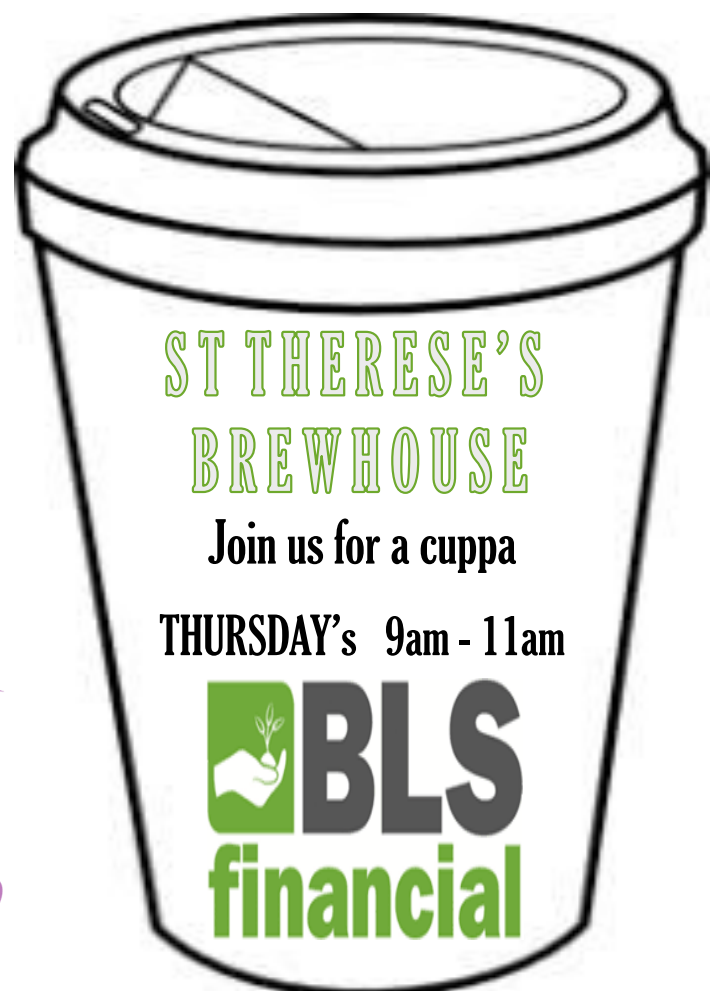


## CAN YOU HELP?

Dear families,

This Saturday marks the first anniversary of the death of former grade one student Brishti Shrestha. Could everyone please remember Brishti and her family in their prayers. Brishti's family are in the process of organising the building of a temple in her honour at the Great Stupor in Maiden Gully. They are hoping to find volunteers to assist with the construction. If you have skills as a bricklayer, roof tiler, floor tiler or concreter could you please contact Umesh on pH 0400 755 486. Alternatively you can contact me on 0431 254 889.

Thank you, Catherine Hodder



*With all  
your heart  
turn to me,  
for I am  
tender and  
compassionate.*

JOEL 2:12-13



Jonah 3:1-10. Psalm 50(51):3-4, 12-13, 18-19. Luke 11:29-32  
A broken, humbled heart, O God, you will not scorn – Psalm 50(51):3-4,  
12-13, 18-19.

**‘See, something greater than  
Jonah is here!’**

Today’s readings speak of repentance and conversion. We read about Jonah’s sign and Jesus’ reference to it. Behind these readings is the gentle irony of God’s compassion for his people. The people of Nineveh were saved after they repented and so this story prepares us for the gospel message of God’s love. What can we take from these readings today? Are there signs in our interconnected world for us to follow? Should we question the ways of popular culture which are so often fast-paced and arrogant and overlook the needs of our fellow human beings? Is there a need for a change of heart, a conversion; a humble acceptance that our choices are better based on the Gospel message than on a ceaseless pursuit of wealth and power?



## TATI FROM INDONESIA

Tati is a Dayak woman, living in a remote forest of West Kalimantan, Indonesia, with her husband and two of her three children.

Her two youngest children go to school nearby while her 19 year old son lives in a rented room close his school 60 kilometres away. The family pays for his living-away-from-home expenses, in addition to providing for school expenses.

Tati’s Dayak culture is deeply linked to the rainforest and her family has relied on it for sustenance for generations.

Over the last few years, communities which depend on the native forests have seen them shrink, along with vital habitats for endangered orangutans, rhinos and tigers.

Caritas Australia, with its partners Caritas Indonesia – KARINA and the Diocesan Caritas are working with local communities to develop alternative sustainable livelihoods, by training them in ecotourism activities.

Before Tati joined the Caritas program, she and her husband mainly earned their income from rubber tapping and raising chickens.

Now, Tati has increased her family income ten times over by cooking for tourists and making souvenirs. Her community is also developing a strong financial base so that it can manage its own land.

Around 600 people have directly benefitted from the program so far – with hopes it can be expanded to other districts



*“I hope to continue living with fresh air, clear water, protected forest, and to be able to pay for my children’s education and that my grandchildren can still enjoy the forest.”*



# P.E. and Health News

By: Ali Pieper, PE Facilitator

## St. Therese's School Swimming Carnival

Last Thursday the Grade 3 – 6 children had their swimming carnival. The children boarded 4 buses and went to the Bendigo East Pool for the annual School Swimming Carnival. A big thank you to the following parents:- **Nicole Rykers, Sharni Kramer, Angela McNamara, Lisa Robins, Jo Morrish, Warren De Haan, Nadine Rees, Nicholas Storey, Joclyn O'Shea, David Seiler, Kyla Aucote, Deanne Swift, Jaime Cail, Amanda Abley, Monique Hay, Kate Comer and Lauren Kelly-Ginnivan** who assisted the staff on the day, also to the parents/grandparents in attendance to support their children. Days like these take a lot of planning and without parent support these days do not run smoothly. Thank you to the teachers and Learning Support Staff who were in attendance for this event and encouraged the children to do their best. Also thank you to **Maddy Bray, Madden Guthrie, Isabella Makris, Hamish McNamara, Gemma Chisholm, Cooper Rea, Annabelle Smith, Oscar McNamara** who assisted the younger students in the pool.



The winning house on the day for swimming and competing was **Owens Red** with 374 points followed by **Farrell Green** on 369 points, **Taylor Blue** 294 points and **Marriott Gold** with 208 points.

Overall contributor medals went to the following students :-

8/9 years boy – <b>Jack Scoble &amp; Jamison Westley</b>	8/9 years girl – <b>Audrey Hogan</b>
10 year boy – <b>Zane MacDonald</b>	10 year girl – <b>Grace Mulqueen</b>
11 year boy – <b>Miller Nihill</b>	11 year girl – <b>Ava Terry</b>
12/13 year boy – <b>Tom Davie</b>	12/13 year girl – <b>Annabelle Smith</b>



Boys 9-13 yrs Medley Relay – 3<sup>rd</sup> (**Oscar McNamara** – backstroke, **Kobi MacDonald** – breaststroke, **Miller Nihill** – butterfly and **Cooper Rea** – freestyle)

Thank you to **Trent McInnes** for assisting students get to marshalling and also to the parents who came along to support the children.





## Regional Swimming – Swan Hill

The following students have now qualified to compete in the above swimming carnival next Thursday at Swan Hill:-

**Mitchell Bray** – 9/10 yr boys Breaststroke and 11 yr girls 4 x 50m Freestyle Relay (**Ava Tadich, Kendall Andrews, Charlize Pinder and Ava Terry**).

We wish you all the very best on this day.



## Grade 2 and 3 Swimming Lessons

Students in Jnr 2 McNamara, Jnr 2 McMahon, Jnr 2 O'Sullivan, Mid 3 Hercus, Mid 3 Stirton and Mid 3 Walsh will commence their swimming lessons on next week at Gurri Wanyarra. Lessons are from 12.30 – 2.30pm over an eight day period.

## National Ride2School Day 2019

**GET PEDALLING ON NATIONAL RIDE2SCHOOL DAY – FRIDAY 22<sup>nd</sup> MARCH.** Students who take part in this event will receive stickers to show their support for this National event.

In the spirit of embracing a healthy and happy start to the day, National Ride2School Day encourages all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

This day is a perfect opportunity to kick-start new healthy habits and promote the many benefits of active transport for our community. If you can't actively travel the whole way, consider parking the car nearby and riding or walking the rest of the way.

**NATIONAL  
RIDE2SCHOOL  
DAY 2019  
FRIDAY 22 MARCH**



***It's going to be a wheelie good day.***

## School Cross Country for Grades 3-6

Our annual School Cross Country for Grades 3 – 6 will be held at Strathdale Park on, Monday 29<sup>th</sup> April, which will be the second week back of Term 2 (or 4th school day back). Students will be traveling by bus and will be supervised by staff.

**Students can dress in their house colours on this day.** The event will commence at 9.30am and conclude by 11.30am

8, 9 and 10 year olds will be competing in the 2km run and the 11,12 and 13 year olds will be competing in the 3km.

*Students will be putting in some practice at school over the next few weeks before end of Term.*



***Put this event in your diary, as we will be looking for helpers to be scattered around the course to not only give encouragement but also provide assistance, guiding students around the course and also bring back any students who need first aide to the teachers who are supervising student groups waiting to compete.***

# Teaching & Learning Stuff

## ***How to implement an effective literacy framework that incorporates Reading and Writing in an integrated, balanced approach***

Last Tuesday night (12th March), we had Part B of Learning - The Greatest Skill of All, for Parents. Again it was lead by Craig Simpson from the Catholic Education Office. The night was well attended by parents and we thank them for coming. (For those unable to attend these sessions this term, they will be run again in Term 2 - pending enough interest. More information to come via the newsletter.)



Catholic Education  
Sandhurst

## MAKING PARENTING A LITTLE EASIER

presented by **DAN PETRO** - Behaviour Analyst

**SATURDAY 25 MAY (Bendigo)**

Catholic Education Office (120 Hargreaves St, Bendigo)

**9:30am - 3:00pm**

Parenting is a demanding task under any circumstances, and doing so when a child displays challenging behaviours increases the difficulty. These problem behaviour situations are often amplified as the child's challenges can collide with typical developmental changes all children experience. Parents can become at odds with the child, or even between themselves, when searching for the best responses to these tough situations. Other children in the home can also be impacted, as the problem circumstances become a common part of their day. During this one-day workshop, participants will be provided with practical, flexible alternatives they can draw upon to teach new skills at home, help establish daily routines and effectively prevent or respond to challenging situations.

**Who is invited:**

Parents, those parenting and anyone interested in learning.

**Questions:**

Please contact Gabrielle Walsh – [gwalsh@stkennington.catholic.edu.au](mailto:gwalsh@stkennington.catholic.edu.au)

**Cost:**

\$20 per person, due on registration.

**Registrations for 25 May CLOSE on Thursday 16 May 2019**

**Please register at the Admin office.**

parenting  ideas  
schools

### How parents can redeem the voucher

1. Click this link: [www.parentingideas.com.au/parent-resources/parent-webinars/webinar-switching-on-your-childs-strengths](http://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-switching-on-your-childs-strengths)
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **STRENGTHS** and click 'Apply'. Your discount of \$37 will be applied to the order. This voucher is valid until 6 April 2019.
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account and access your parenting material
7. Click 'Place Order'



VOUCHER CODE  
**BALANCING**

VALID UNTIL 02 MAY 2019

Attend this webinar at no cost

Valued at  
**\$37**

Your Parenting Ideas  
Webinar Voucher

**Webinar: Balancing extra-curricular  
activities**

Guest Speaker: Dr Jodi Richardson

**02 April 2019 - 08:00pm**



# Attendance

## in the early grades

Many of our youngest students miss 10 percent of the school year—about 18 days a year or just two days every month. Chronic absenteeism in kindergarten, and even preK, can predict lower test scores, poor attendance and retention in later grades, especially if the problem persists for more than a year. Do you know how many young children are chronically absent in your school or community?

### Who is affected

Kindergarten and 1st grade classes often have absenteeism rates as high as those in high school. Many of these absences are excused, but they still add up to lost time in the classroom.

1 in 10 kids

in kindergarten and 1st grade are chronically absent.  
In some schools, it's as high as 1 in 4.<sup>1</sup>



2 in 10  
low-income kids  
miss too much  
school. They're also  
more likely to suffer  
academically.<sup>1</sup>



2.5 in 10  
homeless kids  
are chronically  
absent.<sup>2</sup>



4 in 10  
transient kids  
miss too much  
school when  
families move.<sup>2</sup>



### Why it matters

If children don't show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into college and careers.

Preliminary data from a California study found that children who were chronically absent in kindergarten and 1st grade were far less likely to read proficiently at the end of 3rd grade.<sup>3</sup>

Who Can Read on Grade Level After 3rd Grade?<sup>3</sup>



64%

of kids with good attendance in K and 1st  
(missed 9 or fewer days both years)



43%

of kids with at-risk attendance  
(missed more than 9 days both years)



41%

of kids chronically absent in K or 1st  
(missed 18 or more days one year)



17%

of kids chronically absent in K and 1st  
(missed 18 or more days both years)

### What families can do



**Find out what day school starts** and make sure your child has the required shots.

**Build regular routines** for bed time and the morning.

**Talk about the importance of regular attendance** and about how your child feels about school.

**Don't permit missing school** unless your child is truly sick. Use a thermometer to check for a fever. Remember that stomach aches and headaches may be signs of anxiety.



**Avoid medical appointments and extended trips** when school is in session.

**Keep a chart** recording your child's attendance at home. At the end of the week, talk with your child about what you see.

**Develop back up plans** for getting to school if something comes up. Ask a family member, neighbor or another parent for help.

**Seek support** from school staff or community groups to help with transportation, health problems, or no safe path to school.



[www.attendanceworks.org](http://www.attendanceworks.org)



# Term 1, 2019 Canteen Menu

## Hot Food

Steamed Dim Sims \$1.20 each or 3 for \$3.00

Sausage Roll \$2.80

Tomato Sauce / Soy Sauce .20c

Nachos GF \$3.80

Chicken Nuggets GF x 5 \$3.80

Ham & Cheese Croissant \$3.80



Pizza Tomato Base

Ham & Cheese \$3.80

Ham, Cheese and Pineapple \$4.00



## Cold Food

Vegemite Sandwich \$3.20

Ham Sandwich \$3.60

Ham & Cheese Sandwich \$3.80

Ham, Cheese & Tomato \$4.00

Ham Salad \$4.50

Lettuce, Cheese, Tomato, Carrot

Salad Tub \$4.00

Salad Tub with Ham \$4.50



## Drinks

Milk (Plain or Flavoured) \$1.80

*Big M Chocolate / Strawberry / Devondale Plain*

Golden Circle Fruit Juice \$1.80

*Tropical / Orange / Apple*

Water Bottle \$1.00



## Snacks - available over the counter

Fruit Salad Cup \$1.80

Fruit Salad Tub \$3.80

Popcorn GF \$1.20

Rice Sticks GF \$1.20

Choc Chip Muffin \$1.20

Banana Cake \$1.20

Choc Chip Cookie \$1.20

Anzac Cookie \$1.20

Frozen Watermelon 0.80c

Frozen Pineapple 0.80c

Moosie \$1.20

Quelch Ice Block 0.70c

Juicy Ice Block \$1.20

Jelly Cup GF \$1.20

Red, Orange, Green



## Term 1 Meal Deals

**\$6.00**

### Deal 1:

Sausage Roll, Drink,  
Cookie & Quelch Icy Pole



### Deal 2:

Chicken Tenders, Cheese &  
Salad Wrap, Drink  
& Quelch Icy Pole



**GF = Gluten Free**





# FRIDAY 12<sup>TH</sup> APRIL MUSIC TRIVIA NIGHT FUNDRAISER FOR JACKSON DAVIE

Late last year Jackson suffered a devastating spinal injury. We are looking to raise some funds to help out Jackson and his family with his rehabilitation and equipment that will be needed. In this regard we will be running a Music Trivia Night – Details are as follows:

- o Date: Friday 12<sup>th</sup> April
- o Venue: Spring Gully Soccer Club – Spring Gully Rd, Spring Gully
- o Time: 7.00 pm
- o Cost: \$15.00 per head
- o Catering: BYO Drinks & Food
- o Tables: 6 to 8 – all ages

To book a table or for any queries please contact Daryl McIntosh on 0429007251 or [Daryl.I.McIntosh@nab.com.au](mailto:Daryl.I.McIntosh@nab.com.au)



Please bring your own drinks, some snacks, some energy and some funds to help us raise as much as we can for Jackson.

---

Feel free to submit your preferred music genre or decade, or maybe the average age of your table.

---

We will see what we can do to make the questions fit the crowd.



# **NEW**



# **BEFORE SCHOOL CARE PROGRAM**

**SIGN UP NOW!**

We are excited to announce that we are **now** running a Before School Care Program at St Therese's Primary School!

**Before School Care: 7:00am - 8:45am**

**After School Care: 3:25pm - 6:00pm**

A healthy breakfast will be offered to the children as well as fun and engaging activities delivered by our qualified and skilled educators that you may know from our ASC program.

If you are interested, please book online at  
**[www.sharingthecare.com.au](http://www.sharingthecare.com.au)** or **<https://bit.ly/2T3UdNj>**  
or call us on **1300 665 699**

Families may be eligible for the  
Child Care Subsidy (CCS)

**Stepping Stones**  
Children's Services  
*"we're during the care"*

